

CADIA

ABOUT THE SONGS...

“Trust In Me Now”

Words and Music by Becca Mizell, Sam Mizell

This song is about trusting in God even when it's not easy. He has walked in our shoes and is our total dependency, especially when life is not going the way we planned. God is in control!

I know you're past
The point of breaking
Into pieces
I know you feel
Like there's no reason
Even worth this
And when you cry
The tears that fall
Don't even touch your pain

I can hear
Every prayer that goes unspoken
I feel the weight
Of everything that's on your shoulders
Don't give up
There is nothing we can't overcome

CHORUS

Even though you feel alone
Even though your strength is gone
As your weary heart just tries to hold on
Even if your faith is lost
Even if it's hard to trust
In a love that would let the rain fall down
Trust In Me now

I can see what you can't see
I will hold you close to me
Through the storm until you see the light

CHORUS

“I'll Stay”

Words and Music by Clint Lagerberg, Nichole Nordeman

It's so easy to try and avoid the painful things in life. Yet, it's comforting to be assured that God is with us, even in our most difficult times. He is always there to listen, give us advice, anything! Often, we are quick to think that we're all alone, or that no one understands our situation. But that is not true! We must put our faith in Him, as He will never let us down.

You're movin' faster than an outbound train
Tryin' to find a way to outrun pain
And every time you start to come undone
You always start to run
My heart is breaking for you, I admit
It's hard to watch you fall apart like this
And I can't begin to know your sorrow
I have not walked far inside your shoes
And I wish you would let me
Love you through this

As long as it takes, I'll stay

And if He sees a sparrow fall or fly
Watches the lilies open to the sky
Then how much more does He love you and I
Sometimes it's hard to just believe it's true
But if you can't, I will stand believing for you

CHORUS

Cause I'll stay with you (even in your darkest night)
Wait with you (for a little sign of light)
Cry with you (if the answers never come)
I'll be the one who
Hopes with you (there will be a better day)
So hold onto (every little piece of faith)

Let me be still and quiet
Let me be Love's reminder
Let me be the one who's meant to
Be the arms that Jesus sent you...

CHORUS

“Safe Place to Fall”

Words and Music by Rob Hawkins, Cindy Morgan

Everyone seeks approval, and many find their self-worth in something or someone other than God. His approval of us is all that should matter. He is our source of constant, unconditional love...our safe place to fall.

You never think that your time will come
Tangled in choices that come undone
Beautiful girl with the secret pain
You think that this is the only way

Just hold on....
Cause when you are weak he's strong
And you are not alone

CHORUS

To find love
Does anyone hear you now
Or see you reaching out

Fall into his arms again
Let him love you, let him love you
You're never alone when you

All this weight that keeps dragging you under
And everyday you wake up and you wonder
Is anybody listening at all
And is there a safe place to fall
You never think that you're good enough
You never think that your best adds up
Cause daddy says we don't settle for
Anything less than your best and more

Let him hold you
Rest and know that you are safe

Cause when we are weak, he's strong
Just keep holding on

CHORUS

(MORE)

“This One’s for the Girls”

Words and Music by Chris Lindsey, Hillary Lindsey, Aimee Mayo

This is a fun, energetic song that women of all ages can appreciate. It offers insight into the various stages of life women walk through, reminding them that each is special in its own way.

This is for all you girls about 13
High school can be so rough, can be so mean
Hold on to, on to your innocence
Stand your ground when everybody’s givin’ in

This one’s for the girls

This is for all you girls about 25
In little apartments, just tryin’ to get by
Livin’ on, on dreams and spaghetti
Wonderin’ where your life is gonna go

This one’s for the girls
Who’ve ever had a broken heart
Who’ve wished upon a shooting star
You’re beautiful the way you are
This one’s for the girls

This one’s for all you girls about 42
Tossin’ pennies into the fountain of youth
Every laugh, laugh line on your face
Made you who you are today

This one’s for the girls
Who’ve ever had a broken heart

“Shadowfeet”

Words and Music by Brooke Fraser

Change can be scary and lonely, but we can rely on God in times of transition. He is a forgiving God; He makes “all things new.” How amazing is this! He is a God of redemption!

Walking, stumbling on these shadowfeet
Toward home, a land that I’ve never seen
I am changing: less and less asleep
Made of different stuff than when I began
And I have sensed it all along
Fast approaching is the day

When the world has fallen out from under me
I’ll be found in You, still standing
When the sky rolls up and mountains fall on their knees
When time and space are through
I’ll be found in You

There’s distraction buzzing in my head
Saying in the shadows it’s easier to stay

“Jesus”

Words and Music by Ian Eskelin, Tony Wood

This song is a reminder of how big our God is. Whenever we are weary, or have lost sight, He is always there. Even if we are at a loss for words, crying out His name is enough.

I’m blown away this life of faith
It’s filled with endless blessing
And yet sometimes I wake to find
I’m facing trials and testing

Even in the moment
When I’m falling to my knees
I find that help is waiting for me

Any desperate day
One word I can pray
All I know to say - Jesus
Screaming from my soul
I’m giving up control
The only hope I know - Jesus

Who’ve wished upon a shooting star
You’re beautiful the way you are

This one’s for the girls
Who love without holdin’ back
Who dream with everything they have
All around the world
This one’s for the girls

Yeah, we’re all the same inside
From 1 to 99

This one’s for the girls
Who’ve ever had a broken heart
Who’ve wished upon a shooting star
You’re beautiful the way you are

Yeah, this one’s for the girls
Who love without holdin’ back
Who dream with everything they have
All around the world
This one’s for the girls

(This one’s for all the girls)
Yeah, this one’s for the girls
(This one’s for all the girls)
This one’s for the girls

But I’ve heard rumours of true reality
Whispers of a well-lit way

CHORUS

You make all things new

CHORUS

When the world has fallen out from under me
I’ll be found in You, still standing
Every fear and accusation under my feet
When time and space are through
I’ll be found in You

All my concerns my deepest hurt
My Savior’s been where I am
Life comes undone and there’s no one
Who understands like He can

So even if I stumble and my world is torn apart
There is One who’s holding my heart

CHORUS

My God hears
And He draws near

CHORUS

(MORE)

“Only A Prayer Away”

Words and Music by Sam Mizell, Mike Payne

God wants to be in constant communication with us. Through the craziness of everyday life, it is important for us to remember that He is only a prayer away.

Where would I turn without You?
You always know the right direction
And what would I know without You?
You answer all the toughest questions

I, all that I can say
I need You, I need You everyday

One step away from breaking down
10 minutes late and I'm totally falling down
And it's so plain to see
I'm my own worst enemy
One more day and I'll get it right
I'm a trip, I'm a mess and I'm crying on the inside
That's why it feels so good to say
That you're only a prayer away

“Speak”

Words and Music by Rob Hawkins, Cindy Morgan

This life is so fast-paced. It's easy to get caught up in the small things that don't matter. But if we stop, get on our knees, and spend time with Him, He will fulfill our deepest needs.

Woke up in the middle of the night
Seems I can't get You off my mind
I need to say what's in my heart
Where do I start

Cause life is always moving fast
How do you make the moments last
I guess I need to find the air
That carries me where

You breathe into my soul
The quiet and the peace
Finding I am home
When I am on my knees

Let's spend some time together
(Where else could I go)
I could stay here forever
(To know that I am home)
Being with You is better
Than anything to me
I want to hear You speak

Do You think we could stay a while
And talk about things that make You smile
Maybe cry or maybe laugh

Who would I trust without You?
You're the only one that gets me
How would I live without You?
I never will so don't even ask me

I, all that I can say
I need You, I need You everyday

CHORUS

I know that life won't always be rainbows
I know I can count on You
And You will see me through

CHORUS

I hope You don't mind that

And every night when I close my eyes
I want to listen for your voice inside
Close to You with every step I make
Each breath I take

Cause everything You are
Is everything I need
You're the brightest star
That's shining on my dreams

CHORUS

Everyday I'm thankful for You
I want to tell You just how much You mean to me
Everyday I want more of You
Cause You're the reason why I feel this joy

Breathe into my soul
The quiet and the peace
I am finally home
When I am on my knees

CHORUS

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“Radiate”

Words and Music by Rob Hawkins, Joy Williams, Britt Nicole

We were put on earth to live for God, to share what He has done for us. Do not be shy about your faith, but constantly radiate His light for the kingdom!

Are you feeling alone
Like you're so out of place
I've been there before
Stumbling every time you try
Sometime it's easier to hide

You wear your heart on your sleeve
And so do I
Just enough to believe
That we can make a change if we try
The fear becomes like dust in the light

Let go, it's your chance
To live out loud

Take this time to shine, don't waste a minute
Cause the love you've got inside is a gift you give away
So come on, come on and radiate
Don't be shy you know you gotta live it
Cause the light you've got inside can be the difference today
So come on, come on and radiate

“Curious”

Words and Music by Becca Mizell, Sam Mizell

This song gives hope that there is a way to find true peace! God is waiting on the other side for us with open arms! Seek Him constantly, and He will give you the desires of your heart!

What if I told you
There is a chance that you could find peace
What if I told you
You don't have to hide
Anymore
There's someone standing in your corner
Wouldn't you be
Listening just like me

Aren't you just the slightest bit curious
What waits for you on the other side
Aren't you just a little bit tired of this
Trying so hard just to survive
I know you think that this is all there is
But what if there's more
But aren't you just curious

I see a spark in your eyes

It's obvious
That hope is alive
You were meant for more in this life
You're glowing like the sun in the sky

Here you go, it's your chance
To live out loud

CHORUS

Don't be afraid don't be ashamed
To let it show, let 'em know, yea let it out
Love like there is no other way
No better time than now

Let go, it's your chance
To live out loud

CHORUS

What if I told you
Hearts don't have to be empty spaces
What if I told you
You are not alone
Anymore
There's someone standing in your corner
There's a hand reaching through the rain

CHORUS

You may feel that this is too good to be true
But these are more than words I'm saying to you

CHORUS

(MORE)

"Inside Out"

Words and Music by Clint Lagerberg, Nichole Nordeman

This song is an anthem about living from the inside out, being confident and secure in who God created you to be. You are fearfully and wonderfully made! It may not always be easy, but God will honor your faithfulness.

You're not alone
You're not the only one who's goin' through
What it is that ties you up
And won't let go of you
Just look around at every face
Standing in the crowd
You'll see exactly what I'm talkin' 'bout

You used to say
You'd rather fade into the background
This is a new day,
Look at what your heart found
Everything you bottled up
And buried down inside
Is pushing up like springtime

Time to bring into the light
Everything we try to hide
Are you with me
Are you ready to shine

From the inside out
Who cares what it looks like

Ah yeah
Take your heart for a joyride
Go 'head, you know that it's alright now
To let the inside out

Go right ahead
You can rub your eyes in disbelief
Pinch yourself
Cause baby this is not a dream
God loves you with a love that's gonna stick around
You'll see exactly what I'm talkin' 'bout

Time to bring into the light
Everything we try to hide
Are you with me
Are you ready to shine

CHORUS

It's all about just letting go
Time to let the real you show

CHORUS